

# AgeAction

For all older people

## Getting Started

### Video, TV & Radio

There are now millions of videos available to watch on the internet covering just about anything from comedy, sports, news, music, education through to kittens playing with balls of wool!

Most websites 'stream' the video, directly from the site, using a video player. This means the video is always 'played' from the website and not downloaded onto your computer.

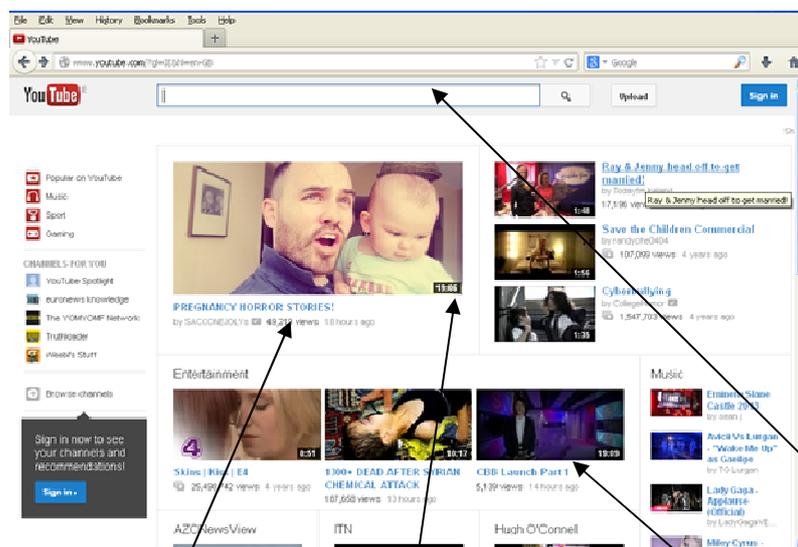
### YouTube

YouTube is the most popular video website with millions of videos to watch. The 'Search' works very similarly to Google search i.e. you type in 'keywords' to find videos. To watch a video click on the 'thumbnail' i.e. picture of the video or the video title.

**Step 1** Open the Internet

**Step 2** Type the address [www.youtube.com](http://www.youtube.com) into the address bar.

**YouTube homepage** will appear – it will look something like this.



#### Views

The number of people who have watched

#### Time

Length of time the video plays for

#### Thumbnails

Click on the 'thumbnail or 'video title' to watch the video

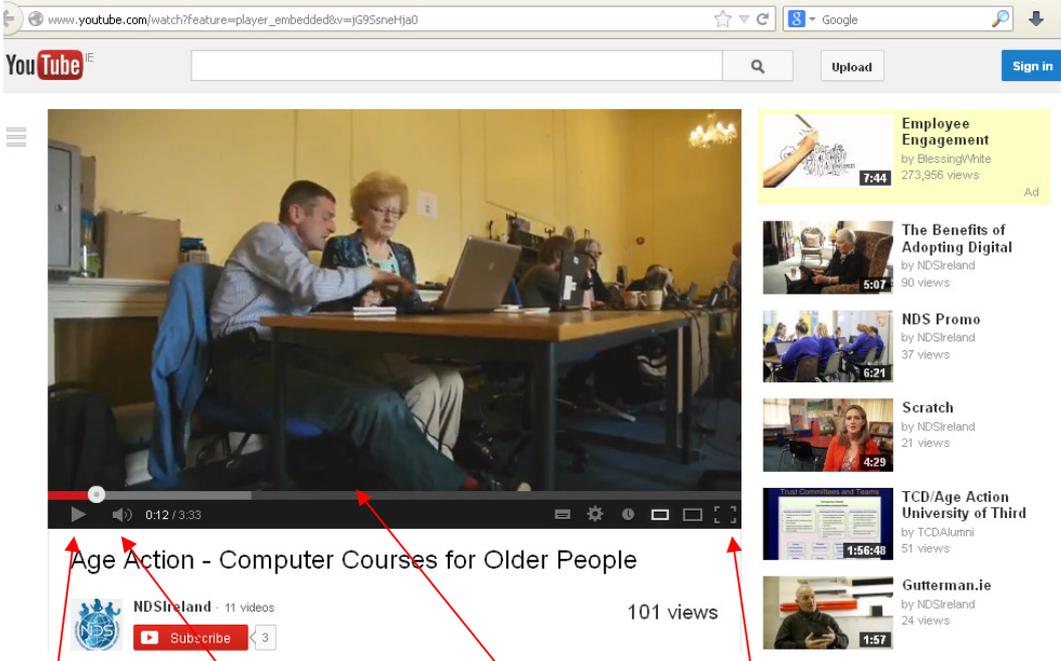
#### Search Bar

Search for videos using 'Keywords'

## Watching a video on YouTube

Watching a video on YouTube is really easy. When you play a video you can use the player controls to pause it, change the volume it's played at and even watch it in 'full screen' on your computer.

### YouTube Player Controls



The image shows a screenshot of a YouTube video player. The video is titled "Age Action - Computer Courses for Older People" and is from the channel "NDSireland". The video player interface includes a progress bar, volume controls, and a full-screen button. Four callout boxes with arrows point to specific controls: "Play/Pause video" points to the play/pause button, "Volume controls" points to the volume icon, "Status bar - 'drag' to fast forward/rewind" points to the progress bar, and "Watch in 'full screen'" points to the full-screen button. The video player also shows a "Subscribe" button and "101 views".

Play/Pause video

Volume controls

Status bar – 'drag' to fast forward/rewind

Watch in 'full screen'

## Activity

- 1 Click on a short video and watch it
- 2 Click on the back browser button to go back to the YouTube homepage

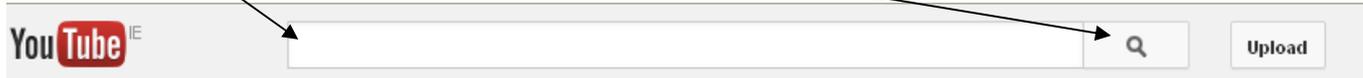
### Tip:

To stop watching a video at any time, click on the back browser button



## Search for a Video on YouTube

If there is something particular you would like to watch e.g. a cooking demonstration, a favourite song, a comedy sketch you can type what you are looking for directly into the YouTube **Search Bar**, then click on the **Search** button.



## Activity

- 1 Type **Age Action** into the YouTube search bar
- 2 Explore the page

A screenshot of the YouTube search results page for the query 'age action'. The search bar at the top contains 'age action' and the search button. Below the search bar, there are filters and a result count of 'About 983,000 results'. The first result is a channel named 'Age Action Ireland' with a red logo and a 'Subscribe' button. Below the channel, there are three video thumbnails. The first video is 'Age Action Care &amp; Repair Service' by AgeAction, with a thumbnail showing an elderly woman. The second video is '100 MILLION PEOPLE WORLDWIDE' by Age Demands Action, with a thumbnail showing a large crowd. The third video is 'Award-winning teen-age science in action' by TEDtalksDirector, with a thumbnail showing three young women. Arrows from a 'Note' box on the right point to the 'Age Action Ireland' channel and the 'Age Action Care &amp; Repair Service' video. A 'Tip' box on the right is also present.

### Note:

YouTube will list the results they think are most relevant to your search

### Tip:

To stop watching in "full screen" press the **Esc** button on the keyboard

- 3 Click on a link to watch a video
- 4 Practice using the player controls

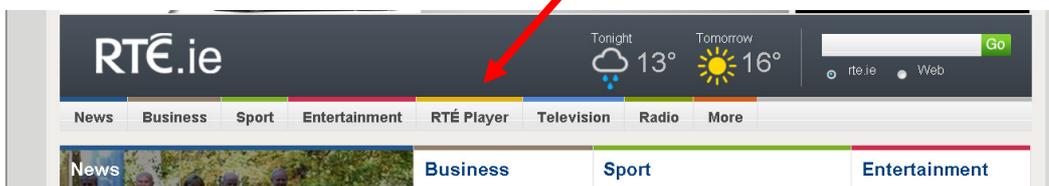
## Watching TV Programmes on the Internet

On the RTÉ website there is a feature called RTÉ Player. This allows you to watch previous RTÉ programs, on your computer for free. So you can watch anything from the latest episode of Eastenders to the latest news headlines. RTÉ keep programmes up online for 21 days after the show has aired.

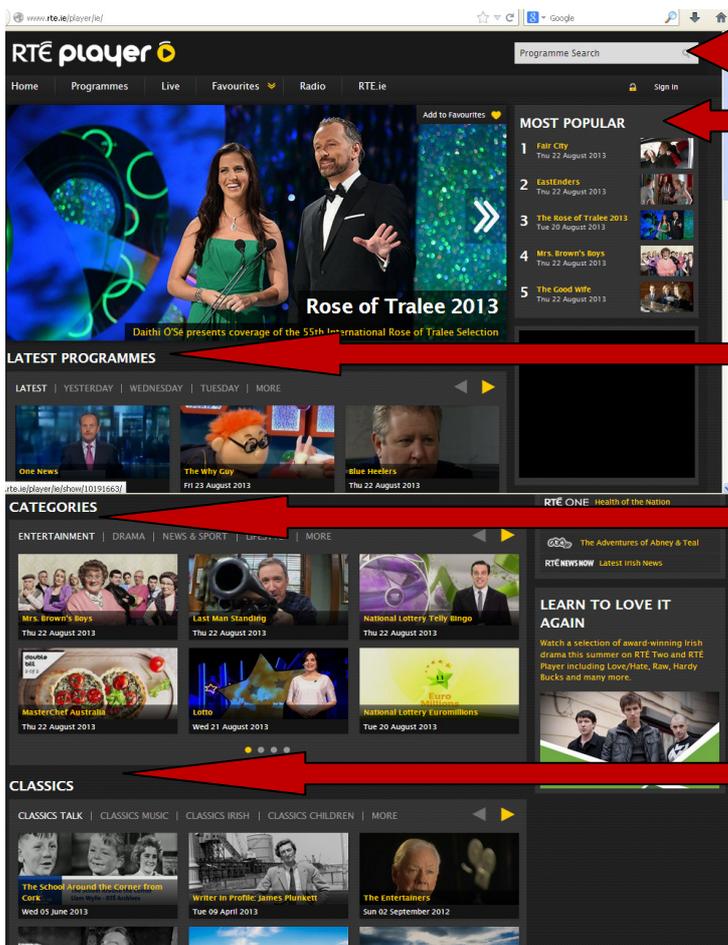
Currently we are not able to view programmes from BBC or UTV, but we can view programmes on Channel 4 (go to Channel 4od) – a useful site because it includes subtitles.

## RTE Player

To use the RTÉ Player go to [www.rte.ie](http://www.rte.ie) and select “RTÉ Player” from the menu across the top of the page



The following screen (or something similar) will open up



**Search**  
Search for a programme you'd like to watch.

**Most Popular**

**Latest**  
Choose from the latest programmes

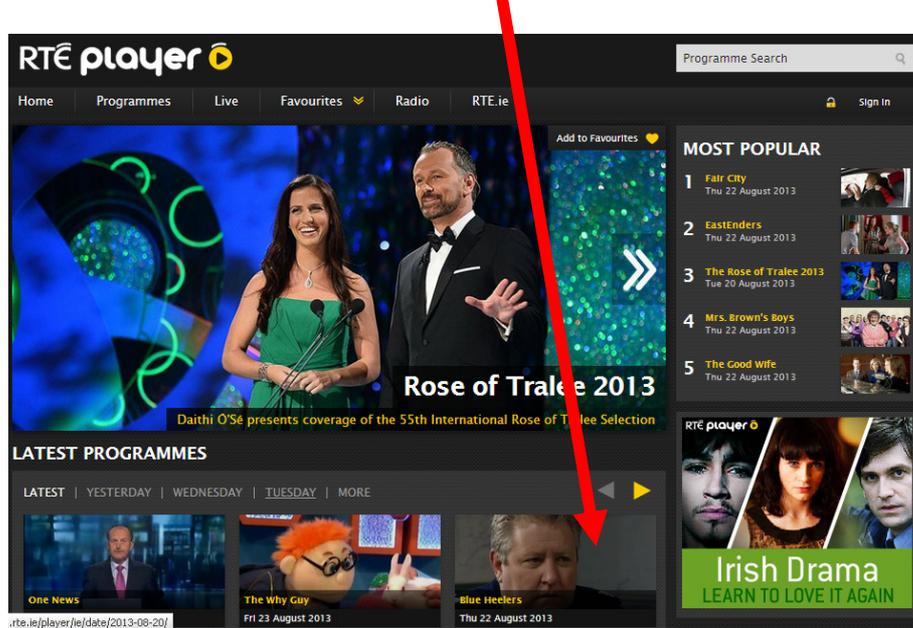
**Categories**  
Choose from a variety of categories

**Classics**  
These programmes are from the RTE archives

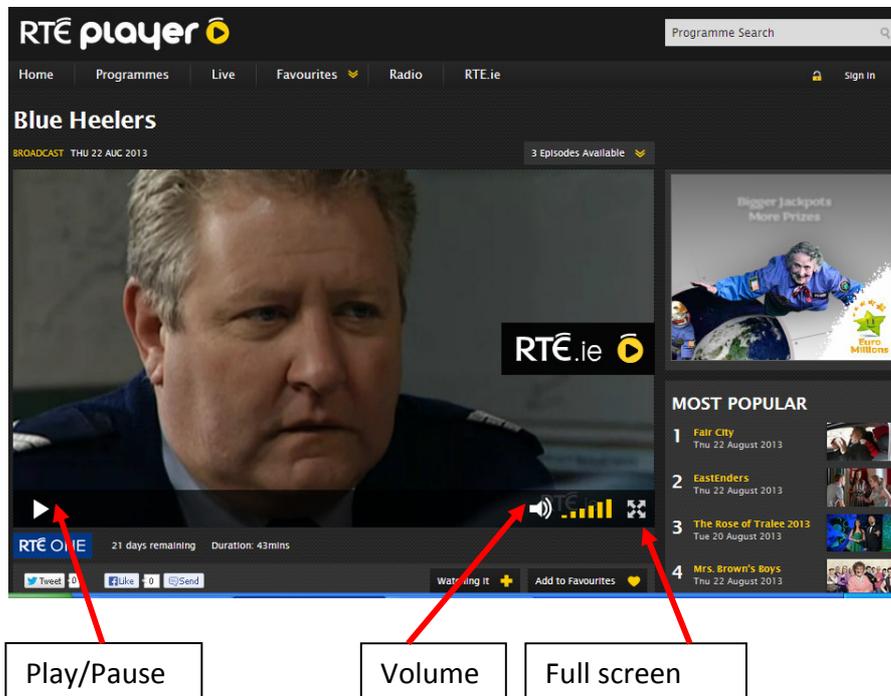
# Activity 1

## Watch a programme using RTÉ Player

**Step 1** Click on the link to a programme you want to watch



**Step 2** When the new screen appears Click on the **play** button



**Step 3** Practice using the RTE Player video controls – play/pause, full screen etc.

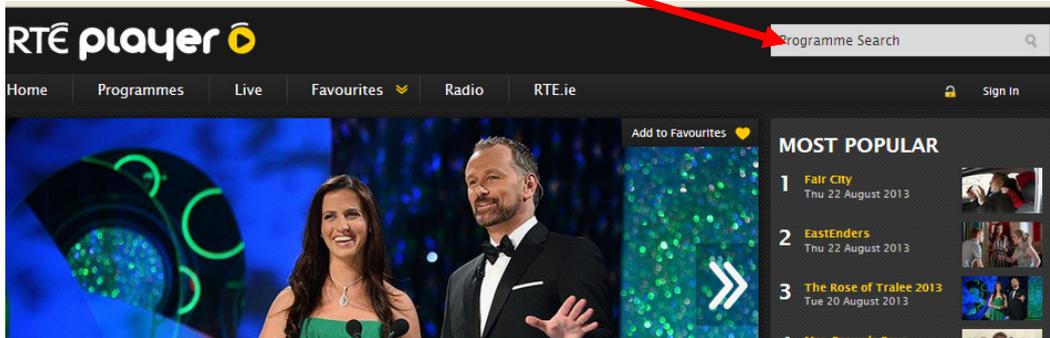
## Search for a Programme with RTÉ Player

You can search for a specific programme using RTÉ Player. We will look up the weather forecast

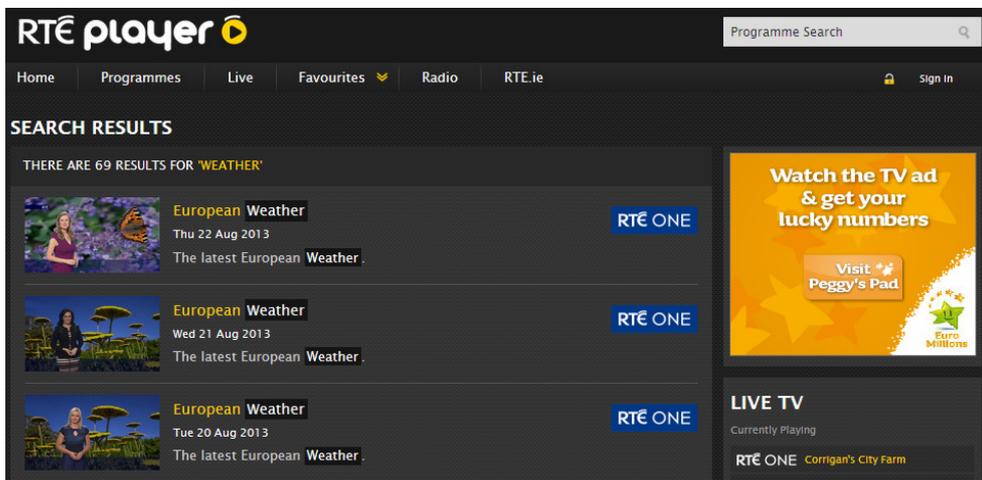
### Activity 2

#### Search for a Programme with RTÉ Player

- 1 Go to [www.rte.ie](http://www.rte.ie) and open the RTÉ Player
- 2 Type 'weather' into the search box



- 3 Click on the weather forecast you would like to watch



**Tip:**  
To stop watching a video at any time, click on the back browser button



- 4 Watch the video and close it when finished

### Exercise

Search for the most recent "Nationwide"

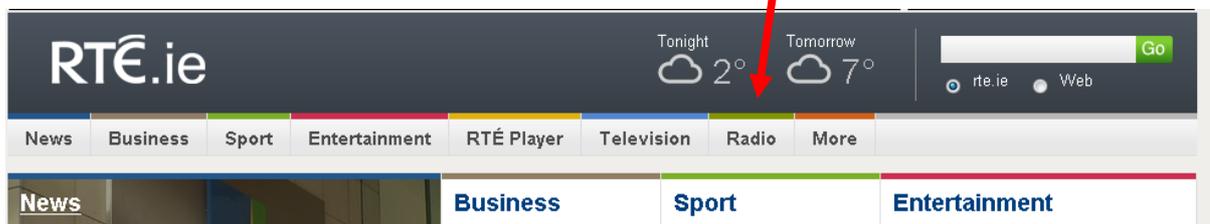
## Listening to the Radio on the Internet

Many radio stations now have their own websites where you can listen live to the radio, check the radio schedule or listen to previous radio shows.

RTÉ Radio is available on the RTÉ website. (In order to listen live, you may need to download and install a free application called 'Realplayer'. A prompt will appear to let you know if you need it - it is available from [www.real.com](http://www.real.com))

## RTE Radio

To listen to the radio on RTÉ Player go to [www.rte.ie](http://www.rte.ie) and select "**Radio**" from the menu across the top of the page



The RTÉ Radio homepage will open up

On the homepage you will find various links to Just Missed, What's on Now, Station Highlight, Most Popular, Recommended and Very Latest

## Activity

Listen 'Live' to the radio

**Step 1** On the home page click on the radio station you would like to listen to



**Step 2** Click on **Listen Live**

A new window will open and the radio will begin to play. Close the window when you want to stop listening.