



**GETTING
STARTED**
Tús Maith

Age Action
IRELAND
For All Older People

Age Page- December 2009

Welcome

Welcome to the December Getting Started Age Page. This email will keep learners and volunteers up to date on the activities of the Getting Started Programme and provide information on interesting websites, new technology etc. If you don't wish to receive this monthly newsletter please let us know by emailing gettingstarted@ageaction.ie

Getting Started is a free programme for older people to help them gain confidence and basic skills in computers, internet and mobile phones. Training is provided by volunteer tutors in small classes, with an emphasis on encouragement and support for older learners.

Getting Started Gets the Green Light For 2010

Getting Started has received Benefit2 funding from the Department of Communications, Energy and Natural Resources and we are partnering with three other successful programmes: Mayo County Development Board; Louth Leader Partnership and Limerick Community ICT Steering Group.

This funding will allow the Getting Started programme to continue into 2010. While the funding is good news for the programme in the short term, longer term funding needs to be sourced to sustain the programme and roll it out nationally. A major fund raising drive is planned for 2010 to ensure that the huge number of older people looking for training in computers and the internet can access a suitable programme.

Phase 3 of Getting Started is concentrating on older people who have never used the internet and those who are lapsed

users (haven't used the internet for over a year) and would like to refresh their basic skills.

You Tube Clips

Simple IT a group from Limerick has produced 2 training videos on how to use a mobile phone, which are now available to view on You Tube. Click on these links to go to the videos.

Part 1:

<http://www.youtube.com/watch?v=hzQrDyHJdLQ&feature=related>

Part 2: <http://www.youtube.com/watch?v=sHH1b-pWkng&feature=related>

The Digital Owl have produced a series of training videos about the internet and using mobile phones.

www.digitalowl.org/lessonshome.html

Some Websites of Interest

Christmas Shopping

All the major shops now have websites where you can do your Christmas shopping, check on the special offers etc. but if you order goods make sure they will be delivered in time for Christmas.

www.clerys.ie

www.shaws.ie

www.arnotts.ie

www.heatons.ie

www.michaelguiney.com

www.brownthomas.com

www.penneys.ie

www.dunnesstores.ie

www.superquinn.ie

www.supervalu.ie

Looking After Your Money

After all that shopping this website from the Financial Regulator will give you advice on all money matters.

www.itsyourmoney.ie

Video Tutorials

This website provides useful video tutorials on many topics and also has quizzes and puzzles.

www.ehow.com

Santa Video

Send a personalised video from Santa to a child this Christmas.

<http://portablenorthpole.tv/home>

Bird Watching

Two Irish websites for those interested in bird watching.

www.birdsireland.com

www.birdwatchireland.ie

Daniel O'Donnell

This is the singer's website with lots of information and news.

www.danielodonnell.org

Classic Soccer Pictures

<http://www.boards.ie/vbulletin/showthread.php?threadid=2055766996>

Jargon Busting

Backup: This means saving a copy of your work to a CD, DVD or memory stick in case your computer is damaged or stolen, there are also companies on-line that you can pay a yearly fee to and they will automatically back up your information e.g.

www.backblaze.com

Reboot: This means to re-start your computer.

Operating System: If you have a PC the Operating System is the version of Windows you use

E.g. Windows 95, Windows 98, Windows Millennium, Windows Vista, Windows XP and the latest is Windows 7

Attention Volunteer Tutors

If your students would like to receive this monthly email newsletter just ask them to email

gettingstarted@ageaction.ie and I will include them in the mailing.

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Contribute to this Newsletter

If you know of an interesting website or have information on technology that you would like to share, or if you would like to write a short story about your experience as a learner or tutor please contact Pauline Power at gettingstarted@ageaction.ie

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**Getting Started, Age Action Ireland,
30/31 Lower Camden Street, Dublin 2
Phone: 01 475 6989**

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