



**GETTING  
STARTED**  
Tús Maith

**Age Action**  
**IRELAND**  
*For All Older People*

## *Age Page- August 2009*

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### **Welcome**

Welcome to the August Getting Started Age Page. This email will keep learners and volunteers up to date on the activities of the Getting Started Programme and provide information on interesting website, new technology etc. If you don't wish to receive this monthly newsletter please let us know by emailing [gettingstarted@ageaction.ie](mailto:gettingstarted@ageaction.ie)

Getting Started is a free programme for older people to help them gain confidence and basic skills in computers, internet and mobile phones. Training is provided by volunteer tutors in small classes, with an emphasis on encouragement and support for older learners.

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### **Imagine IT! – A Celebration of Older People & Information Technology**

#### **National Conference & Awards**

Monday 28<sup>th</sup> September 2009, Croke Park 10am – 4pm

Why not come along to this great event! The conference will have 3 sections;

**Try IT!** – An Interactive IT Expo with demonstration and exhibitions of new gadgets and gismos from the world of information technology.

**Celebrate IT!** – Irish Silver Surfer Awards 2009

Nominate an older person who is an enthusiastic IT users with interesting stories about their computer, internet or mobile phone use.

There will be 5 award categories:

- Silver Surfer of the Year sponsored by O2
  - IT Volunteer(s) of the Year
  - Most Dedicated IT Learner
  - Group Communicator
  - Passionate Hobbyist

**Promote IT!** – Learn from some of the best IT programmes for older people. The keynote speaker will be from Age Concern, UK and the other speaker will be from Drogheda Partnership, Summerhill Third Age Foundation, Limerick Community IT programme, DCU Intergenerational Project & Mayo County Council.

To book a place at this event or to request a nomination forms contact Pauline Power at [ppower@ageaction.ie](mailto:ppower@ageaction.ie) or Phone 01 475 6989 or see the Age Action website <http://www.ageaction.ie/imagine-it-conference.htm>

Tickets for the conference cost just **€20** this includes a 2 course lunch and light refreshments on arrival.

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### **Some Websites of Interest**

**Citizens Advice - Find out about your entitlements**

This website provides comprehensive information on all aspects of Public Services and your entitlements.

[www.citizensinformation.ie](http://www.citizensinformation.ie)

**You Tube – View video clips on the internet**

You Tube is a website where you can watch video clips. Anyone can make a video clip and put it on this website for

others to view. The link below will bring you to a video clip from a 91 year old cook and great grandmother, Clara, recounts her childhood during the Great Depression as she prepares meals from the era.

<http://www.youtube.com/watch?v=DuMkW35BwK8>

### **Get Safe Online**

Internet security is important to everyone and this website was set up by the UK Government, the Serious Organised Crime Agency and Computer Companies to give unbiased and user-friendly advice on internet security.

[www.getsafeonline.org](http://www.getsafeonline.org)

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### **Jargon Busting**

**Internet:** A worldwide collection of computers joined by networks which are linked to each other via telephone lines. To join the internet all you have to do is connect your computer to this network.

**Broadband:** High speed internet access with a permanent connection to the internet known as "always on!" Permitting unlimited use for a fixed monthly charge.

**Downloading:** This is a process of transferring files from a computer on the internet to your own computer down the telephone line – for example when you receive an email or save an attachment or install a piece of software over the internet.

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### **Attention Volunteer Tutors**

We are in the process of developing course material for an improvers' course, if you are interested in getting involved in this process or if you have developed handouts for your class and would like to share them with other please contact Pauline Power at [gettingstarted@agecation.ie](mailto:gettingstarted@agecation.ie)

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## Contribute to this Newsletter

If you know of an interesting website or have information of technology that you would like to share or if you would like to write a short story about you experience as a learner or tutor please contact Pauline Power at [gettingstarted@agecation.ie](mailto:gettingstarted@agecation.ie)

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